

Xtract 26

National Level Interdental Cultural Fest



**NATIONAL LEVEL VIRTUAL CULTURAL COMPETITIONS
FOR DENTAL COLLEGES**

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INNOVATE | INTEGRATE | INGULCATE

BRIDGING TRADITION WITH THE FUTURE

FOR UG, INTERNS & PG STUDENTS





NATIONAL LEVEL VIRTUAL CULTURAL COMPETITIONS FOR DENTAL COLLEGES

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1

Dental Drama

(Monoact / Skit – Video Submission)

Topic: Patient encounters, ethical dilemmas, dental student life

Format: 3 minute video (solo or group max 5)

Criteria: Acting, originality, script relevance, message

Submit by: 12th January 2026



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2

Tooth Tunes

(Solo Singing / Instrumental)

Format: 2 min video **Language:** Any (Indian or English)

Bonus: Dental twist to lyrics gets extra marks!

Submit by: 12th January 2026



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3

Floss & Groove

(Dance Competition)

Type: Solo Format: Max 3 min video

Style gy: Classical, freestyle, fusion – any!

Type: Group

Participation Guidelines: Team Size: 4 to 10 members per group

Eligibility: UG, PG, interns, or staff from dental colleges

Submit by: 12th January 2026



GROUP



C|E|D|E|E|S

We Transform Lives...



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CONFERENCE - 2026**

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4

Rap-a-Tooth

(Rap/Spoken Word Poetry)

Theme: Dental struggles, oral hygiene, student stress,

Smiles Format: 2 min video

Criteria: Lyrics, flow, expression, creativity

Submit by: 12th January 2026



RAP



We Transform Lives...



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5

Toon Tooth

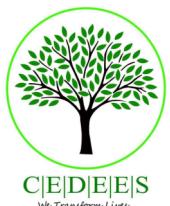
(Cartooning / Caricature)

Medium: Digital or hand-drawn

Topics: Life of a dentist, patient expectations vs

reality **Format:** JPEG/PNG upload + caption

Submit by: 12th January 2026



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PRIZES & RECOGNITION:

Winners

Cash Prizes + Trophy + E-Certificate + Insta Feature

Runners-Up

Cash Prizes + E-Certificate + Social Media Spotlight

Special Mentions

E-Certificate

Dr. Shivsharan Shetty

Organizing Chairman
76th IDC

Dr. K. Nillan Shetty

Organizing Secretary
76th IDC

Dr. Imran Pasha M.

Chairman, Student Committee (UG & PG)
76th IDC



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GENERAL RULES:

Registration to 76 IDC Conference is Mandatory for all Entries

All Members in the Group Events Have to be Registered

Open to all Dental Students,
Interns and PGs across India.

Solo or Team Participation allowed (as per category).

All entries must be original and submitted online.

Submit by: 12th January 2025

Judged by:

Expert Panel from Cultural & Dental Fields Winners Announced
During the Indian Dental Conference Inaugural/Valedictory Program

Visit the Website For More Details
<https://xtractidc.weebly.com>



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How to Submit the Entries

1. All the video to be uploaded into your Drive and Shared to drimranpasha@yenepoya.edu.in
Mail id with the editor permission given.
2. Also The Team will be in touch with all the participating colleges for the follow up.

Student Coordinators of Xtarct-26

Dr. Raazi	Ms. Sadia Adil
Dr. Ameen	Ms. Arwa
Dr. Taha	Ms. Fahima
	Ms. Iffah

Visit the Website For More Details
<https://xtractidadk.weebly.com>

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